



MOTHER 2 BEE: FEARS AND EXPECTATIONS

Group Therapy for Pregnant Moms

5 session series for pregnant moms

Am I at risk for postpartum depression/anxiety?; Gender disappointment; Emotional preparation during the birthing experience; Learn coping skills to manage emotional changes after the birth; Expect the unexpected; Dealing with lost and Reclaiming your self-esteem. Affordable fee per session.

FACILITATED BY: DR. AGATHE C. PIERRE-LOUIS, CLINICAL PSYCHOLOGIST

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